



Simplot Sweets® Fries - Sweet Potato Straight Cut Fries

Curing is nature's way of putting the sweet in sweet potatoes. That's why all of our sweet potatoes are naturally cured right on the farm—and why Simplot Sweets® fries are so sweet by nature. This popular 3/8" is noted for its flavor and versatility.

Nutrition

Serving Size: 3 oz (84g/about 26 pieces)
Servings per container about 80
Calories: 140

	Amount per serving	% Daily Values
Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	180mg	8%
Total Carbohydrates	18g	7%
Dietary Fiber	2g	7%
Total Sugars	7g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.3mg	2%
Potassium	280mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

SWEET POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, COTTONSEED, AND/OR SUNFLOWER), FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PAPRIKA OLEORESIN COLOR, RICE FLOUR, SALT, SPICE, SUGAR, XANTHAN GUM.

Product Specification

SKU	10071179027805
Cut Size	3/8"
Pack	6/2.5lb
Brand	Simplot Sweets® Fries
Gross Weight	17lb
Net Weight	15lb
Country of Manufacture	CA, US
Halal	N
Kosher	N
Vegan	N
Vegetarian	Y
Low Fat	N
Low Sodium	N
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	12 in
Height	7.625 in
Case Cube	0.847
TixHi	10X11
Shelf Life	730 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Bake or fry convenience
- Consumers consider healthier menu choices
- Exceptionally versatile across the menu and cuisine types
- Great second fry alternative
- Superior quality with great texture and flavor

Serving Suggestions

South-of-the-Border Twist - Replace rice and beans with Simplot Sweets® for a colorful change of pace with southwest-influenced menu items. Slide in some Sweet Potatoes - Serve up some sliders with Simplot Sweets® for a winning on-trend menu item. Skinny Dipping - Serve Simplot Sweets® with your favorite dips for a fun, flavorful appetizer that offers a healthy halo.

Preparation Instructions For Food Safety And Quality

Method Type	Time	Temperature
Deep Fryer	1½-2 minutes	345°F
Fill fryer basket half full or about 1.5 lbs.		
Convection Oven	8-10 minutes	400°F
Arrange fries in a single layer on sheet pans.		
Standard Oven	20-24 minutes	400°F
Arrange fries in a single layer on sheet pans.		
Combi Oven	9-11 minutes	375°F
Fan 75%, Steam 100%. Arrange fries in a single		

layer on sheet pans.

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