Nutrition

Serving Size: 3 oz (84g/about 14 pieces)
Servings per container about 80
Calories: 130

	Amount per serving	% Daily Values
Total Fat	5g	6%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Total Carbohydrates	19g	7%
Dietary Fiber	3g	11%
Total Sugars	8g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.4mg	2%
Potassium	320mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

SWEET POTATOES, VEGETABLE OIL (SOYBEAN, CANOLA, COTTONSEED, AND/OR SUNFLOWER), FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PAPRIKA OLEORESIN COLOR, RICE FLOUR, SALT, SPICE, SUGAR, XANTHAN GUM, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO MAINTAIN NATURAL COLOR).

Simplot

Simplot Sweets® Fries - Sweet Potato Crinkle Cut Fries

Curing is nature's way of putting the sweet in sweet potatoes. That's why all of our sweet potatoes are naturally cured right on the farm—and why Simplot Sweets® fries are so sweet by nature. The extra crispy ridges of this 1/2" crinkle cut deliver even more crunch.

Product Specification

SKU	10071179027812
Cut Size	1/2"
Pack	6/2.5lb
Brand	Simplot Sweets® Fries
Gross Weight	17lb
Net Weight	15lb
Country of Manufacture	US
Halal	N
Kosher	N
Vegan	N
Vegetarian	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	13 in
Height	6.125 in
Case Cube	0.737
TixHi	9X11
Shelf Life	730 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Bake or fry convenience
- Consumers consider healthier menu choices
- Exceptionally versatile across the menu and cuisine types
- Great second fry alternative
- Superior quality with great texture and flavor

Serving Suggestions

South-of-the-Border Twist: Replace rice and beans with Simplot Sweets® for a colorful change of pace with southwest-influenced menu items. Slide in some Sweet Potatoes - Serve up some sliders with Simplot Sweets® for a winning on-trend menu item. Skinny Dipping - Serve Simplot Sweets® with your favorite dips for a fun, flavorful appetizer that offers a healthy halo.

Preparation Instructions For Food Safety And Quality

Method Type	Time	Temperature
Deep Fryer Fill fryer basket 1/3 full.	1¾-2¼ minutes	345°F
Convection Oven Arrange fries in a single later on sheet pans.	5-8 minutes	425°F
Standard Oven Arrange fries in a single later on sheet pans.	20-30 minutes	400°F
Combi Oven Fan 75%, Steam 0%. Arrange fries in a single	8-10 minutes	400°F

later on sheet pans.