HARVEST FRESH™ avocados

Nutrition

Serving Size: 22 pieces (50g)
Servings per container about 218
Calories: 100

	Amount per serving	% Daily Values
Total Fat	10g	13%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	30mg	1%
Total Carbohydrates	3g	1%
Dietary Fiber	2g	8%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.5mg	2%
Potassium	280mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

AVOCADO, SALT, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), CITRIC ACID.

Simplot

Simplot Harvest Fresh™ Avocados - Diced Avocado, Frozen

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. These frozen avocado dices are perfect for salads, soups, and nacho toppings.

Product Specification

SKU	10071179029410
Pack	12/2lb
Brand	Simplot Harvest Fresh™ Avocados
Gross Weight	26lb
Net Weight	24lb
Country of Manufacture	PE
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	17.875 in
Width	10.813 in
Height	9.375 in
Case Cube	1.049
TixHi	9X9
Shelf Life	730 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- Large, satisfying dices of rich Hass avocado
- Consistent pricing, quality and availability all year
- Elevate your menu and check average
- Say goodbye to labor and waste
- Satisfy patrons looking for healthy options

Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

Preparation Instructions: for food safety and quality.

KEEP FROZEN. DO NOT THAW IN MICROWAVE.

FOR BEST QUALITY, THAW UNOPENED BAG IN 8-10 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPEN BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. ONCE THAWED, DO NOT REFREEZE.