



Nutrition

Serving Size: 2/3 cup (87g)
Servings per container about 120
Calories: 30

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	30mg	1%
Total Carbohydrates	6g	2%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	27mg	2%
Iron	0mg	0%
Potassium	162mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

ONION, CARROTS, CELERY.

Simplot Simple Goodness™ - Mirepoix Vegetable Blend

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. This blend is a time-honored mix of onions, carrots and celery.

Product Specification

SKU	10071179035060
Cut Size	3/8"x3/8"
Pack	12/2lb
Brand	Simplot Simple Goodness™
Gross Weight	25.25lb
Net Weight	24lb
Country of Manufacture	US
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	11.625 in
Height	8.625 in
Case Cube	0.928
TixHi	10X7
Shelf Life	720 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Speed scratch blend made with diced celery, carrots and onions
- Farm-fresh flavor, color and texture
- Reduces costly labor—just heat and serve
- Individually quick frozen for easy portioning

Serving Suggestions

This classic mix is the ultimate trio that provides flavor and aroma for stocks, sauces, soups and more. This blend simplifies soups and stews and is a popular ingredient for Cajun and Creole cuisine.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

SAUTÉ 1. Heat 3 Tbsp. oil in a large skillet on MEDIUM-HIGH. 2. Add one bag of frozen vegetables and cover. Sauté for 8 minutes, stirring as needed.

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