



Nutrition

Serving Size: 1 avocado half (43g)
Servings per container 64
Calories: 90

	Amount per serving	% Daily Values
Total Fat	9g	12%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	2g	7%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.4mg	2%
Potassium	240mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

HASS AVOCADO.



Simplot Harvest Fresh™ Avocados - Individually Wrapped Avocado Halves, Frozen

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. These individually wrapped avocado halves are ready for slicing, dicing and mashing—wherever your inspiration takes you.

Product Specification

SKU	10071179045250
Pack	64/1.5oz
Brand	Simplot Harvest Fresh™ Avocados
Gross Weight	8lb
Net Weight	6lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	11.875 in
Height	6.125 in
Case Cube	0.673
TixHi	10X10
Shelf Life	547 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- High-Pressure Processed (HPP) for food safety without preservatives
- Individually wrapped avocado halves for easy portion control
- Consistent pricing, quality and availability all year
- Elevates your menu and check average
- Say goodbye to labor and waste
- Satisfy patrons looking for healthy options

Serving Suggestions

Harvest Fresh avocado halves are a fresh, convenient accompaniment when sliced or diced and added to burgers, sandwiches and salads.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN. DO NOT THAW IN MICROWAVE.

FOR BEST QUALITY, THAW UNOPENED BAG IN 8-10 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPEN BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED HALVES WITHIN 2 DAYS. BEST IF USED WITHIN 24 HOURS. ONCE THAWED, DO NOT REFREEZE.

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