



Nutrition

Serving Size: 1 container (57g)
Servings per container 1
Calories: 110

	Amount per serving	% Daily Values
Total Fat	10g	13%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	250mg	11%
Total Carbohydrates	4g	1%
Dietary Fiber	3g	11%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.5mg	2%
Potassium	290mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

HASS AVOCADO, RED BELL PEPPER,
ONION, SALT, JALAPENO PEPPER,
GARLIC, LIME JUICE CONCENTRATE.



Simplot Harvest Fresh® Avocados - Western Guacamole, Frozen

Count on Simplot® Harvest Fresh® frozen avocado products to add profitability—and portability—to any menu item. For delivery, takeout, grab-n-go and meal kits, you can't beat our convenient 2 oz. cups of Western Guacamole. Just thaw and serve. Or store frozen up to 18 months. It's guac on the go!

Product Specification

SKU	10071179051909
Pack	36/2oz
Brand	Simplot Harvest Fresh® Avocados
Gross Weight	6.5lb
Net Weight	4.5lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	N
Zero Grams Trans Fat	Y

Shipping Information

Length	9.375 in
Width	6.875 in
Height	6.125 in
Case Cube	0.228
TixHi	29X8
Shelf Life	547 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- A single-serving cup ideal for off-premise, grab-n-go and stadiums
- Mexican Hass avocado with red bell pepper, onion, salt, jalapeño pepper, garlic, and lime juice
- No artificial preservatives—High Pressure Processed (HPP) for food safety
- Store frozen up to 18 months and refrigerated up to 35 days (unopened)
- Easy portioning and inventory management

Serving Suggestions

Popular across all dayparts as a dip, topping or ingredient in sandwiches, burgers, omelets, Mexican dishes and more. The portion control pre-sealed size is perfect for grab and go or add-on snack options! Great for stadiums, c-stores, deli, meal kits and more!

Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW PRODUCT IN REFRIGERATOR (<40°F). USE REFRIGERATED GUACAMOLE WITHIN 35 DAYS. ONCE THAWED, DO NOT REFREEZE.

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