simple goodness FRUITS & VEGETABLES

Nutrition

Serving Size: 3/4 cup (90g)
Servings per container about 100
Calories: 35

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Total Carbohydrates	8g	3%
Dietary Fiber	3g	11%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.3mg	2%
Potassium	212mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

CARROTS.

Simplot

Simplot Simple Goodness™ - Sliced Carrots, Smooth

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. Perfect on the side or in signature recipes. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste.

Product Specification

SKU	10071179184300
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	US
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	11.625 in
Height	9.375 in
Case Cube	1.009
TixHi	10X8
Shelf Life	730 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- Farm-fresh flavor and color
- Consistent year-round quality and pricing
- Reduces costly labor—just heat and serve
- 100% useable, no trim, loss or waste
- Individually quick frozen for easy portioning

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups, stews and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.