



### Nutrition

Serving Size: 3/4 cup (90g)  
Servings per container about 100  
Calories: 40

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Total Carbohydrates	8g	3%
Dietary Fiber	3g	11%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.3mg	2%
Potassium	212mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

### Ingredients

CARROTS.

# Simplot Simple Goodness™ - Sliced Carrots, Smooth

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. These smooth sliced carrots are bursting with color and healthy nutrients.

### Product Specification

SKU	10071179184300
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	US
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

### Shipping Information

Length	16 in
Width	11.625 in
Height	9.375 in
Case Cube	1.009
TixHi	10X8
Shelf Life	730 Days
Storage Temp From/To	-10°F / 10°F

### Benefits

- Farm-fresh flavor and color
- Consistent year-round quality and pricing
- Reduces costly labor—just heat and serve
- 100% useable, no trim, loss or waste
- Individually quick frozen for easy portioning

### Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups, stews and more.

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