



Nutrition

Serving Size: 2/3 cup (88g)
Servings per container about 156
Calories: 70

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	12g	4%
Dietary Fiber	4g	14%
Total Sugars	4g	
Includes 0g Added Sugars		0%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	21mg	2%
Iron	1.5mg	8%
Potassium	135mg	2%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

PETITE PEAS.



Simplot Simple Goodness™ - Petite Peas

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. These tender petite peas are deliciously sweet and look great on the plate.

Product Specification

SKU	10071179189015
Pack	12/2.5lb
Brand	Simplot Simple Goodness™
Gross Weight	31.25lb
Net Weight	30lb
Country of Manufacture	US
Halal	N
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16.125 in
Width	11.625 in
Height	8.625 in
Case Cube	0.936
TixHi	10X8
Shelf Life	730 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Sweet, tender petite peas with farm-fresh flavor and bright green color
- Consistent year-round quality and pricing
- Reduces costly labor—just heat and serve
- Individually quick frozen for easy portioning and no waste

Serving Suggestions

Naturally sweet with bright colors, these tender petite peas look great on the plate or recipe-ready for salads, soups, rice blends and more.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 3 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 16 minutes, stirring halfway through cook time.