simple goodness FRUITS & VEGETABLES

Nutrition

Serving Size: 1 cup (140g)
Servings per container about 65
Calories: 80

	Amount per serving	% Daily Values
Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	17g	6%
Dietary Fiber	4g	14%
Total Sugars	12g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	0mg	0%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

BLUEBERRIES.

Simplot

Simplot Simple Goodness™ - Blueberries

Selected from the top growing regions in the U.S. and abroad, Simplot Simple Goodness™ Fruit deliver all the color and flavor of fresh, without the costly, time-consuming prep and waste. These plump, large blueberries have no added sugar for more serving versatility.

Product Specification

SKU	10071179199007
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	PE, US
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	in
Width	in
Height	in
Case Cube	0
TixHi	6X9
Shelf Life	720 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Perfect for baking
- Ready to use, no washing
- Consistent year-round quality and pricing
- 100% useable, no trim loss or waste
- Individually quick frozen pack for easy, convenient portioning

Serving Suggestions

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE. IF THAWED, DO NOT REFREEZE.
THAW AND SERVE.

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