simple goodness FRUITS & VEGETABLES

Nutrition

Serving Size: 1 cup (90g)
Servings per container about 100
Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	15mg	1%
Total Carbohydrates	4g	1%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	30mg	2%
Iron	0.4mg	2%
Potassium	190mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

BROCCOLI.

Simplot

Simplot Simple Goodness™ - Broccoli Cuts, IQF

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. This IQF broccoli is hand-cut and trimmed to our high standards.

Product Specification

SKU	10071179823629
Cut Size	1"
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	MX
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	10 in
Height	9.125 in
Case Cube	0.845
TixHi	12X7
Shelf Life	720 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- This broccoli is hand-cut and trimmed to our high standards
- Tender and crisp with uniform appearance
- Saves on valuable time and labor
- Individually quick frozen for easy portioning and less waste

Serving Suggestions

This versatile ingredient is recipe-ready for sides, pasta, salads, soup, quiche and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.