HARVEST FRESH™ avocados

Nutrition

Serving Size: 3 tbsp (50g)
Servings per container about 109
Calories: 100

	Amount per serving	% Daily Values
Total Fat	10g	13%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	45mg	2%
Total Carbohydrates	4g	1%
Dietary Fiber	3g	11%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.5mg	2%
Potassium	280mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

AVOCADO, LIME JUICE CONCENTRATE, SALT.

Simplot

Simplot Harvest Fresh™ Avocados - Avocado Pulp, Frozen

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. Free of additives and preservatives, this smooth avocado pulp is a delicious topping or time-saving base for your own signature recipes.

Product Specification

SKU	10071179932260
Pack	12/1lb
Brand	Simplot Harvest Fresh™ Avocados
Gross Weight	14lb
Net Weight	12lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	in
Width	in
Height	in
Case Cube	0
TixHi	14X9
Shelf Life	547 Days
Storage Temp From/To	-10°F / 10°F

Benefits

- Get consistent pricing, quality and availability all year
- Elevate your menu and check average
- High-Pressure Processed (HPP) for food safety without preservatives
- Say goodbye to labor and waste
- Vegan, Halal Certified, and Kosher

Serving Suggestions

Popular across all dayparts as a topping or ingredient in salads, flatbreads, desserts, smoothies, sandwiches, burgers, condiments, Mexican dishes, cocktails, infused waters and more. Use as a replacement for butter and mayo to add the "super food" goodness your health-conscious customers love.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN. DO NOT THAW IN MICROWAVE.

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED PULP WITHIN 7 DAYS. ONCE THAWED, DO NOT REFREEZE.