



## Nutrition

Serving Size: 3 tbsp (50g)  
Servings per container about 163  
Calories: 110

	Amount per serving	% Daily Values
Total Fat	10g	13%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	3g	1%
Dietary Fiber	3g	11%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.5mg	2%
Potassium	280mg	6%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

HASS AVOCADO.



# Simplot Harvest Fresh® Avocados - Avocado Pulp, Frozen

Your customers love avocado—and they're willing to pay more for it. Use Simplot® Harvest Fresh® frozen avocado pulp as the ultimate speed-scratch base for toppings, spreads, dressings, dips and more. With no fillers or preservatives, it transforms everyday menu items into high-margin favorites.

## Product Specification

SKU	10071179936220
Pack	6/3lb
Brand	Simplot Harvest Fresh® Avocados
Gross Weight	20lb
Net Weight	18lb
Country of Manufacture	MX
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Gluten Free	Y
Low Fat	N
Low Sodium	Y
Zero Grams Trans Fat	Y

## Shipping Information

Length	12.625 in
Width	8 in
Height	8.625 in
Case Cube	0.504
TixHi	18X6
Shelf Life	540 Days
Storage Temp From/To	-10°F / 10°F

## Benefits

- Every case eliminates 1.5 hours of kitchen labor vs. whole avocados
- The quality of peak-season avocados with convenience of frozen
- 100% yield compared to up to 50% loss with whole fruit
- Stores frozen for 18 months and refrigerated for 7 days (unopened)
- High Pressure Processed (HPP) for food safety

## Serving Suggestions

Use to top sandwiches or to make your own signature guacamole. Transform a regular any item on your menu whether it's a breakfast sandwich, burger, wrap, bowl, quesadilla, tacos or using it as a base for your back of house guacamole!

## Preparation Instructions For Food Safety And Quality

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN A SINGLE LAYER. ONCE THAWED, OPEN REFRIGERATED PULP WITHIN 7 DAYS. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING AND STORE AT 40°F. ONCE THAWED, DO NOT REFREEZE.